

The Phoenix Gardening Group



Enjoy being outdoors during the summer months?
Come and join a small friendly group to work on an allotment. No gardening experience necessary. The group is in partnership with Mind and the Green Team.

Every Monday 1.30-3.30pm

Leisure Centre Group

Every Tuesday 2.30-3.30pm

Join this small group and play badminton, players to contribute £1.00 per session.

Supported by staff and volunteers. No badminton during school holidays, other activities arranged.



Our contact details:

Hull & East Yorkshire Mind

The Courtyard

Boothferry Road

Goole

East Yorkshire

DN14 6AE

Tel: 01405 837130 email: goole@mindhey.co.uk

Visit our website on www.mindhey.co.uk

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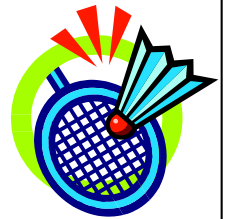
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