

## World Communities Against Child Abuse Family Fun day for the NSPCC.



The 8<sup>th</sup> ACE group, World Communities Against Child Abuse, are working hard organising a fantastic family fun day for those of all ages at Spring Bank Community Centre on Sunday 23<sup>rd</sup> August 11-5pm. The group decided to tackle the issue of child abuse in particular providing people with information on what to do if they suspect child abuse, and are holding a fun day to spread the word and raise money for the NSPCC. The day will include plenty of free activities for children, stalls and a live entertainment and a talent show! Why not come down and join the fun.



### ACE Steering group help to tackle barriers to youth volunteering.

Members of the ACE steering group took part in a large youth volunteering event in June. The Big V, was organised by Hull CVS's vinvolved team and took place in the newly opened Hull Truck theatre. Steve Cooke, Megan Mennell, Luke Pointer and Alex Porter from the ACE steering group delivered their very own workshop to local charities and organisations working with young volunteers. Looking at the barriers that often stop young people volunteering the group identified many factors and shared some ideas of how to best tackle these. The group did fantastically well and the workshop gained great feedback from all those who attended it. Well Done!!

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## Newsletter Summer 09



For better  
mental health



### Special points of interest:

HiThere Volunteers. Firstly a big hello from me, Neil your new ACE Project co-ordinator, who will be standing in for Hanna while she is off having a baby. I will let you into a secret, I used to be a shepherd.

BAA!



Anyway, here is the new look Summers Newsletter! Featured are some articles about recent projects that have reached completion and their results, and also some projects that are in the process of getting underway:-

Join our Facebook  
group ACE Hull  
and be our friend  
to keep you up to  
date with every-  
thing.



A true success story for the ACE project and the organisation, 'See Me Not The Chair' has shown it's significance by attracting attention from the Hull Daily Mail. Hanna and the volunteers from Endeavour School created a powerful two-minute video shoot to challenge people's attitudes on disability.

See the video here - <http://www.mindhey.co.uk/video-archive.asp>

From an early stage the pupils decided they wanted to do their project on 'Disability' and spent two afternoons per week for three months working on the film and the messages they wanted to get across. They included 'just because he is in a chair we don't exclude him' and Wesley's own thoughts on how he believes people see him and how he sees himself. "

**vinvolvedproject**

## ACE Project to scale new heights!

The ACE project at Hull & East Yorkshire Mind was approached by a member of PSYPHER with the idea of organising a residential trip away for people in PSYPHER, for confidence and team building.

The ACE project is involved in the full planning of the trip over 12 weeks, and work has already started! The project gives people the chance to actively take part in the planning and organisation of all aspects of the trip, including the proposal. Being involved in the project will hopefully give a great sense of achievement once completed, as well as a whole range of new skills to undertake similar activities.

The group decided from an early stage that they wanted to go on an expedition outside of Hull, they decided on staging the 3 day expedition in the beautiful but remote Yorkshire Dales.



## We Need you!

Don't forget Volunteers, there will be two new projects starting in September. Once again the projects will be aimed at helping the community, but it will be up to you to choose which issue you would like to tackle and how to do it!



## Jumble Across the Humber

In order for the group to raise money to buy equipment (eg. Boots and tents) that they will need for the expedition, the volunteers have decided to take part in a 'Jumble across the Humber'. This will be a sponsored event which will involve the volunteers crossing the Humber Bridge in a variety of different methods, whether its walking, hopping or in fancy dress, possibly as Mr. Blobby.

This event will be taking place on Sunday August 23rd between 4-6pm starting at the Hull end of the bridge. If you want to come along, sponsor the event and show your support then please contact myself or Hanna.



This is what one of the volunteers could look like while 'Jumbling over the Humber'



Young people in Hull are invited to participate in special voluntary project as part of Hull Comedy Festival aimed at 'Raising Aspirations'

The ACE Project is running a special summer group working in conjunction Connexions and the team behind Hull Comedy Festival. The summer group will aim to empower local young people and to motivate their peers to be more aspirational when it comes to work, education, training and health.

The ACE project has already assembled a group of young people within Hull who have just left school or are currently not in education, employment or training, who were looking for something fun and constructive to do over the long summer months.

The project is hoping to look at raising aspirations in Hull's young people with the end result to be included in this year's Hull Comedy Festival 2009. As with all ACE groups, how they choose to do this is totally up to the group. They could organise an event, make a film, make a CD, put on a life performance, devise a sketch show, create a comic strip... the choice is theirs!