

HULL & EAST YORKSHIRE MIND

# Art & Craft Group

FOR  
BEGINNERS



OR THOSE WITH  
EXPERIENCE

FOR PEOPLE WITH MENTAL HEALTH NEEDS

## Tuesdays & Thursdays

### 10.00am - 12 noon

At Hull & East Yorkshire Mind  
40 Norwood, Beverley

Bring your own materials  
(we have limited supplies for you to try out first)

Contact Liz or Tina on 01482 886098 for further details or  
email [lwatson@mindhey.co.uk](mailto:lwatson@mindhey.co.uk)



For better  
mental health

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