



Housing Support Service

What is the Service?

Hull & East Yorkshire Mind Housing provides practical and emotional support to people in shared accommodation. The service is for anyone 18 years or over experiencing mental health issues. Anyone meeting the criteria can be accepted if they would benefit from our support.

When is it Available?

Monday to Friday 9am to 5pm. Staff work on a caseload system, meeting with residents on a weekly basis. The level of input is based on client need and is arranged flexibly between the resident and key worker.

The Aims of the Service

- To assist people with mental health issues to work towards living independently in the community and to maximise their quality of life.
- To be non-judgmental.
- To provide equality.
- To be supportive .
- To work in partnership with statutory mental health care services where appropriate.

What Does the Service Provide?

Support with:

- Maintaining a tenancy within long term or short term accommodation to suit your housing needs.
- Budgeting, debt management, benefits and form filling.
- Practical support encouraging independence with cooking, cleaning, shopping, taking prescribed medication and attending appointments etc.
- Attending local groups and fulfilling ambitions e.g., voluntary or paid work and college.
- Confidence building and social skills.
- Accessing other support services.
- Emotional support.
- Support plans with realistic aims and goals enabling the residents to identify and achieve their ambitions. These are reviewed periodically.
- Help with moving on to independent living with follow on support.

Facilities Include:

- Fully furnished self contained flats and bed-sits.
- Shared houses with own bedrooms.
- Communal living rooms.
- Laundry facilities.
- Shared or private kitchen and bathrooms.
- Payphones.

Referral Process

Referrals can be made to the Housing Support Team by:

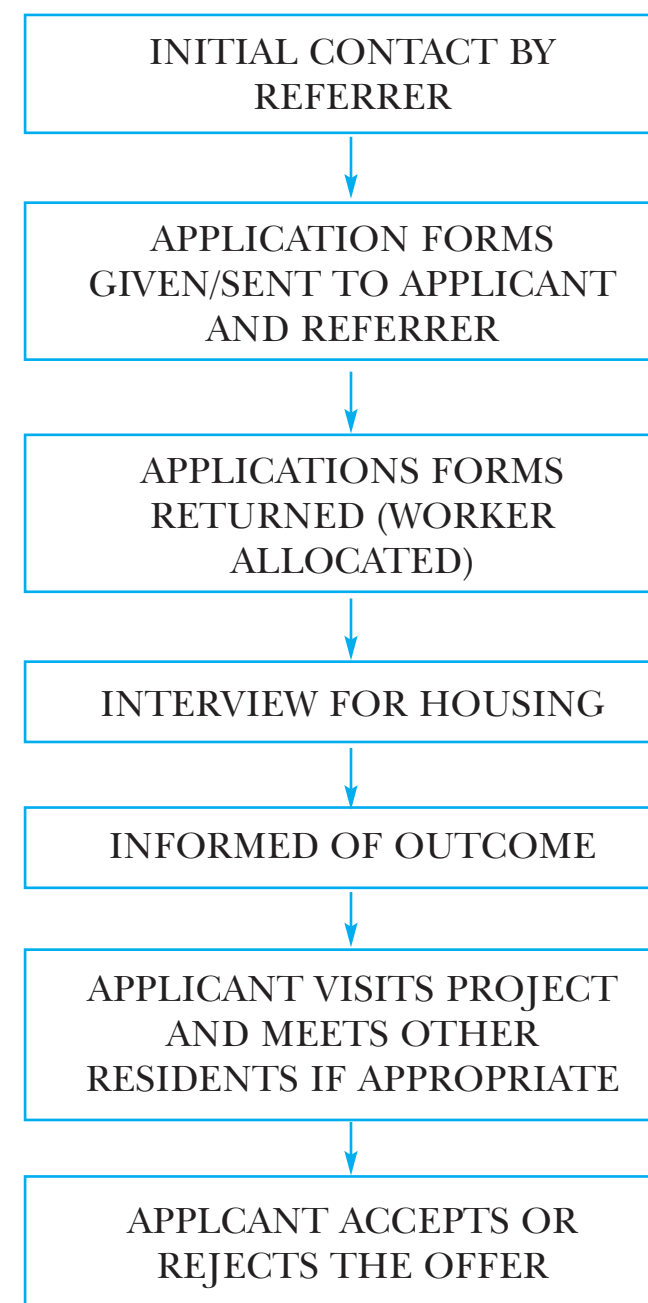
- Community Mental Health Teams
- GP's
- Housing Workers
- Benefit Agencies
- Social Services
- Outreach Teams

These referrals can be made via the telephone.



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Referral Process



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How to Contact Us

For further information about our service or to make a referral please contact:

Hull & East Yorkshire Mind Housing Support Team

Trafalgar House
41-45 Beverley Road
Hull
HU3 1XH

Tel: 01482 240200
Fax: 01482 336878

Registered Charity Number 1101976
Charity registered in England



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