

## **Hull Mind Mentoring Scheme – POINT Project**

### **Volunteer Mentor Role Description**

**Role Description:** Volunteer mentor  
**Reports to:** Mentor co-ordinator

#### **Description of Project:**

The aim of the Project is to recruit mentors who will offer support, guidance and practical help to Mind clients referred through POINT (Prescribing on Individuals Needs Together Service) in order to alleviate pressure from the POINT workers.

#### **The role of the volunteer mentor:**

- Participate in initial and ongoing training.
- Meet with the mentee as arranged.
- Work with the mentee to undertake various identified tasks.
- To respect the mentee's opinions, feelings and lifestyle.
- Provide support, guidance and encouragement.
- Be non-judgemental.
- Have good listening and communication skills and show empathy with the mentee's individual situation.
- Maintain records as required.
- Provide feedback to POINT staff as and when required.
- Participate in supervision meetings when required.
- Maintain confidentiality.
- To carry out the role in accordance with equal opportunities.
- To be responsible, as required, for health and safety issues.
- To attend training as required.
- To attend meetings as required.

#### **Training and Support:**

Comprehensive induction training will be provided to the mentors as well as on going training and support as well as attending regular mentor Meetings.

#### **Supervision:**

Once recruited the volunteer mentor will be required to have regular supervision sessions with the mentoring co-ordinator to discuss their progress and provide their own feedback to the mentoring co-ordinator.

#### **Commitment:**

The nature of the mentoring role is to develop a relationship with the mentee. It is hoped that they volunteer mentors can give a commitment to the programme for at least six months. The actual times of meeting with the mentee can be negotiated, but it would be expected that the matched pair would meet on a weekly basis of between 2 – 4 hours per week. Commitment is also expected with regards to attending supervision sessions with the mentoring co-ordinator; and meetings and training as when required.